

HAND WASHING PROCEDURE

Good hand washing must be practised by everyone in Early Years. **Please see our separate handwashing policy.**

Warm water, soap and paper towels are available in all bathrooms and kitchen areas. Alcohol gel is situated outside the Early Years entrance, near each toilet area and classroom entrance

Before-

- Arriving at the Early Years department
- Leaving the Early Years department
- Snacks
- Lunch
- Cooking
- Before and after handling food, feeding a child, or eating.
- Using the toilet.
- Changing a nappy
- Helping a child use the bathroom

After-

- Using the toilet
- Handling animals/insects
- Gardening
- Messy play
- Coughing and sneezing.
- Cleaning the nose
- Wash children's hands after helping the child use the bathroom or changing their nappy
- Dealing with a sick child.

The following must be done:

- Pull up their sleeves
- Wet hands under running water before applying soap.
- Apply soap and wash hands vigorously for 20 seconds. Children to count to 20 while washing their hands.
- Particular attention should be paid to thumbs, fingernails and between the fingers.
- Hands should be dried thoroughly after washing.
- Paper towels should be placed in the bin.

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