



**BRITISH SCHOOL OF TENERIFE**  
**EARLY YEARS-NAPPY CHANGING PROCEDURE**

- Ensure that disposable gloves and an apron are worn during this procedure.
- Prepare changing area. Spray down the mat with anti-bacterial spray as you cannot be sure it was done after the last child. Dry changing mat with disposable paper.
- Collect all items together that are required for nappy changing. Place a fresh sheet of white roll over the mat.
- Place the child on the nappy changing area. Under no circumstances should a child be left unattended.
- For children who are older but still wearing nappies, if needed there is a step ladder (Health and safety approved) for them to climb onto the changing table.
- Take off the dirty nappy and wipe away the worst of the mess with the nappy.
- Clean the nappy area with baby wipes or cotton wool. Clean gently but thoroughly.
- Remove dispose
- Use a nappy barrier cream if needed.
- Put on clean nappy.
- Wrap the nappy in the disposable glove and then dispose of the nappy in the nappy bin provided.
- Clean nappy changing area using anti bacterial spray and disposable paper.
- Take child back into the room.
- Complete nappy changing chart.
- Wash hands thoroughly-See Hand Washing Procedure.

**Updated January 2023**  
**To be Reviewed- January 2024**