



Personal, Social, Health and Economic Education

Personal, Social, Health and Economic Education (PSHEE) helps pupils to develop the skills, knowledge and attributes they need to manage many of the critical opportunities, challenges and responsibilities they will face as they grow up and in adulthood. It enables children to become healthy, independent and responsible members of society.

At BST we encourage our pupils to play a positive role in contributing to the life of the school and the wider community. We teach them about rights and responsibilities and how to play a positive role as a member of a multicultural society. Through the school council pupils learn to take more responsibility for the school and environment

Our Shared School vision and aims are:

- Work together and be the best we can.
- Care for and support one another.
- Respect and value one another and the environment.

Every Child Matters:

- Enjoy and Achieve
- Being Healthy
- Staying Safe
- Relationships
- Emotional Health
- Positive Contribution

Safeguarding

Please contact the school DSL or the Academic Director should there be any concern related to the safety or welfare of any child.

Aims and Objectives

The aims of PSHEE and Citizenship education are to enable students to:

- Know and understand what constitutes a healthy lifestyle, the importance of a healthy diet and physical activity, and the misuse of drugs and alcohol.
- Be aware of safety issues: drugs, peer and group pressure, bullying, and online safety.
- Understand what makes for good relationships with others.
- Understand sexuality and consent and the risks of STIs, sexting and pornography.
- Have respect for others regardless of age, disability, gender reassignment, marriage and civil partnership, pregnancy and maternity, race, religion or belief, sex, and sexual orientation.
- Develop as responsible, valued citizens aware of the protected characteristics detailed in the previous point.

- Learn how to resolve differences by looking at alternatives
- Be independent and responsible members of the school community
- Be positive and active members of a democratic society
- Develop self-confidence and self-esteem and make informed choices regarding personal and social issues.
- Develop Resilience and empathy.
- Develop good relationships with other members of the school and the wider community.
- Recognize their worth as individuals by identifying positive things about themselves and their achievements.
- Adopt the fundamental British values of democracy, the rule of law, individual liberty, and mutual respect and tolerance of those with different faiths and beliefs.
- Understand how money is exchanged through the use of cash and credit and debit cards.
- Appreciate the value of handling money wisely.
- Value work and profession as a means to personal development, develop creativity and acquiring money.
- Understand the world of work: employment, self-employment and taxation.
- Become familiar with finances in adult life: savings, mortgages and investments.

Teaching and Learning

We use a range of teaching styles that include both teacher-centered and student-centered activities. Throughout the school pupils are encouraged to take an active part in discussions, investigations and problem-solving activities. Activities are organized in such a way that pupils are able to participate in discussions to resolve conflicts or discuss issues affecting the classes or the school as a whole. We encourage students to take part in a range of practical activities that promote citizenship e.g. school council, charity fund raising.

Foundation Stage

Personal, Social and Emotional Development is taught in Reception classes as an integral part of both indoor and outdoor learning.

Teaching PSHEE and Citizenship to children with special needs

We teach PSHEE and Citizenship to all children, regardless of their ability. Our teachers provide learning opportunities matched to the individual needs of children with learning difficulties. When teaching PSHE and Citizenship we take into account the targets set for students in their Education, Health and Care Plans (EHCP).

Assessment and Recording

Teachers assess students' work in PSHEE and citizenship by making informal judgements as they observe during lessons and this is reported annually to parents.

To be reviewed January 2020