



EARLY YEARS HANDWASHING POLICY

AIM OF THIS POLICY

- To keep children and adults as healthy as possible.
- To provide a hygienic environment.
- To teach children about good personal hygiene.
- To keep germs to a minimum.

Children will be encouraged to wash their hands before and after:

- Snacks
- Lunch
- Cooking

After-

- Using the toilet
- Handling animals/insects
- Gardening
- Messy play
- Coughing and sneezing.
- Cleaning the nose

Staff will help and demonstrate how to wash their hands and act as role models.

- Pull up their sleeves
- Wet hands
- Add soap to hands
- Rub soap into hands ensuring that all the hand is covered and in between the fingers.
- Remove the soap with the water.
- Shake hands to remove the water
- Dry Thoroughly

Staff should also follow hand washing procedure displayed by each sink.

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To be reviewed January 2020